

Coffee Cup

Scripture:

Beloved, if God so loved us, we also ought to love one another. (John 4:11)

Materials List:

- (1) Coffee Cup
- (1) Hot Beverage

Main Message:

Our lives overflow with blessings from our Heavenly Father, and we need to share the overflow of those blessings with others.

Song: *Come Fill Your Cup*

Lesson:

Nothing gets me going in the morning like the smell of freshly brewed coffee. As a self-proclaimed coffee connoisseur, I buy whole beans to grind fresh every day. I also favor certain cups because I believe they add to the experience.

If you think that is a little overboard, consider the large mug. It is quite heavy and weighted down. If you fill it more than half-way, the contents become cold before they can be consumed. It is harder to handle because of its weight and can be almost dangerous to the drowsy sipper.

Those little tea cups look pretty, but aren't they very fragile? They can easily break if handled wrong. Many of my tea cups have chips out of them. Ouch! I do not want to put my mouth on that first thing in the morning!

Luckily, through experience, I have acquired several coffee mugs of the right size and weight. I can fill these to the brim and enjoy warm, savory coffee until the cup is empty. The weight is evenly distributed and the cup feels warm and steady in my hands.

I pray that I am like this perfect cup. I want to always be brimming with the love I have found in Christ Jesus my savior. I want for that love to never grow cold. If the worries of life begin to weigh me down, I can cast my cares upon the Lord. If I feel like I am going to break, I can ask other Christians to help shoulder some of my load. And most importantly, because I am full, I want to be able to pour these blessings out on others.

Prayer: Thank God for the blessing we have in Christ. Ask Him to help us always remember that we are on this earth to share the good news of our salvation!